

# Free Online Events for Patients

Kindly hosted by Consultants from Saxon Clinic and Manor Hospital.

These seminars are informative events that help us deal with everyday issues. We discuss causes, prevention, treatments and symptoms on a variety of topics.

Learn for yourself, others, or just to listen to a topic you want to learn more about.



Thursday 22nd June

18:30 – 19:30

Mr Dan Arvinte

## Hip and Knee Replacements (what to expect)

Mr Arvinte is a well-established Orthopaedic Surgeon with a special interest in conditions of the hip and knee. Mr Arvinte will explain Hip and Knee replacement, why you might need one, what the operation entails and what to expect from your operation and recovery. This is a wonderful opportunity to hear from an expert all about life-changing replacement surgeries. There will also be an opportunity at the end of the presentation to ask the consultant questions.



Thursday 14<sup>th</sup> September

18:30 – 19:30

Mrs Sarah Reynolds

## The Menopause Explained

Mrs Reynolds is a well-established and extremely respected Consultant Gynaecologist & obstetrician in Bedford. In this event Mrs Reynolds will delve try to cover as much as possible in relation to the huge topic that is Menopause. Once a taboo topic that all women 'suffered in silence' with, now Mrs Reynolds will speak openly and separate the facts from fiction when it comes to all things Menopause, Treatments and Symptoms.



Wednesday 27<sup>th</sup> September

18:30 – 19:30

Mr Harbinder Sharma

## The Prostate

Consultant Urological Surgeon, Mr Harbinder Sharma, will educate us on the topic of The Prostate. We will learn about what it is, symptoms to look out for and treatments available. There will also be time for patient questions at the end of the talk.